

Sermon Based Discussion

Sermon Title: "Count Your Days..."

Sermon Series: Growing Older: Better With Age

Sermon Text: Psalm 90

OPENING QUESTION

1. What would be an ideal age to live up to and what makes that age seem ideal?

INTO THE BIBLE

Read Psalm 90:1-6

2. How does the psalmist portray God being eternal in these opening verses?
3. How does the psalmist portray the temporary existence of humanity?

Read Psalm 90:7-11

4. How does the psalmist describe our short lives in these verses?

In your experience, how does this description match up?

Read Psalm 90: 12-17

5. How does numbering our days gain wisdom?
6. According to verses 13-17, what does a person with wisdom from numbering our days do?

GOING DEEPER (Sharing/Application)

7. What do you make of the statement "Count your days to make your days count"? How accurate is it to say that the more we realize our time is short, the more we'll try to make our time count?
8. Would people *really* seek God (vv.13-17) without wisdom?
9. What specifically will you seek God for in vv. 13-17 if you had wisdom to do so?
10. What area in your life do you want to make your days count more?

CHANGING YOUR MIND

*"Teach us to number our days aright,
That we may gain a heart of wisdom."* (Psalm 90:12)